



# Good Shepherd Charger News

“Rooted in Christ” Colossians 2:6-7

All School Newsletter  
October 13, 2023

## Charger Headlines...

### Calendar of Events

#### Friday, October 13

- BoBo’s Pizza Fundraiser Ends
- GSLS Theme T-shirt day
- Volleyball C Team Belleville Tournament TBA

#### Saturday, October 14

- Girls PeeWee Basketball 9:00-10:00 a.m.

#### Sunday, October 15

- 5th and 6th Grades sing in 10:30 a.m. church service
- 7th and 8th Gr. sing in 8:00 a.m. church service

#### Tuesday, October 17

- Volleyball A Team Conference Tournament vs Zion Staunton @ Holy Cross, Collinsville 4:30 p.m.

#### Thursday, October 19

- Chapel Service 8:25 a.m. (Gr 2-8)
- Chapel Service 9:00 a.m. (ECC-Gr1)
- Hearing & Vision Screening

#### Friday, October 20

- Hearing & Vision Screening

#### Saturday, October 21

- Girls PeeWee Basketball 9:00-10:00 a.m.
- Volleyball A Team Conference Tournament TBA

For more information:  
[gslcs.org/calendars](https://gslcs.org/calendars)



#### Where Do I Find?...Helpful School Links

[Health Forms](#)   [Athletics Volunteer Signup](#)   [Website](#)   [Charger Bucks-Scrip](#)

#### Papa John’s Night

Good Shepherd Day/Night at Papa John’s on the Beltline in Collinsville is Monday, October 23rd. All day order online, on the app, or by phone and Good Shepherd will receive up to 25% of your purchase price. Mention our code: SSG005 when ordering. (See flyer.)



#### Boys C and D Team Coaches Needed

We are offering basketball for our boys in 4th-6th grades this year because of our numbers, so coaches are needed. Please contact Mr. Mayhew - 618-344-3153 or [gsls1@hotmail.com](mailto:gsls1@hotmail.com) as soon as possible.

#### Parent-Teacher Conferences

Parent-Teacher Conferences are Thursday and Friday, October 26th and 27th. Please plan to attend to discuss with your child’s teacher about classroom procedures, grades, etc. **Friday, October 20th is the end of the first quarter!** Student report cards will be available during your conference time. For everyone’s safety, all outside doors will be locked and teachers will meet you there at your scheduled time or as close as possible. Your patience and understanding is appreciated. There is NO SCHOOL Thursday and Friday, October 26th and 27th.

#### K-8 Parents - Intro to the Friendlyzy Program

Attached is a letter explaining the new program we will be adding to our classes. This program begins next week - October 16th. We are excited to be able to offer this to our students and families. The intro letter can also be found [here](#).

#### Honoring Our Veterans

VETERANS: Good Shepherd Lutheran School would like to invite all veterans to a special thank you tribute to our men and women who have served our country. Please join us on Friday, November 10th, at 2:00 p.m. in the school gym for the students to show you their thanks for your service. Please RSVP to the school office (618-344-3153) or email [lseengele@gslcs.org](mailto:lseengele@gslcs.org) so that we will have enough seating. The students always look forward to this special opportunity so please come and be a part of it!!



#### Good News!

Good Shepherd has contracted with Haven of Light Wellness Center to provide a professional counselor four hours a week who will begin next Thursday, October 19th. This social-emotional coaching service is designed to help our students, families, and faculty better understand the causes and triggers of anxiety and depression in our students and promote positive social, emotional, and behavioral skills and wellness. Look for more detailed information in next week’s newsletter.

# Charger Headlines Continued...

## Pastors' Corner -

We are starting a new Adult Bible Study this Sunday (10/15/23) titled "Being Wise in a World of Foolishness." Pastor Packer and Pastor Walther will be alternating with Pastor Packer leading the first class this Sunday. The class meets in the sanctuary from 9:15-10:15 a.m.



## Girls Pee-Wee Basketball Game

Our girls in grades 2-4 have been learning basketball skills and will be playing the Annual Girls' Pee-Wee game on Tuesday, October 24th at 6:30 p.m. Come and cheer our future Chargers!



## Shoe Collection



Got any shoes you or your kids can no longer wear? Bring your gently worn, used, or new shoes to the drop off box located in the school and church lobbies now through the end of October. Help keep them out of landfills and support microenterprises in Haiti. A win-win! Direct questions to Shanna Covarrubias at [shanna.covarrubias@melhs.org](mailto:shanna.covarrubias@melhs.org).

## Lutheran College Fair Open House - Junior High Students

Saturday, November 4, 10-2pm at Sieck Hall, Concordia Seminary, St. Louis, MO. Come and meet with reps from all six Concordia Universities and both seminaries. Plus learn the latest information with presentations on topics like financial aid and tips for choosing a college. Drawings will be held for gift cards and giveaways.

This open house styled event is free to attend, but participants who register qualify for prizes and free lunch (Chick-fil-A!) Register [online](https://mo.lcms.org/COLLEGE-FAIR/).  
<https://mo.lcms.org/COLLEGE-FAIR/>



## Friendly Reminder

Often times, events happening in the home can affect your child's experience at school, and effective teamwork between parents and teachers is crucial for their classroom success. If there is a major event or transition happening in your child's life (e.g. loss of a grandparent, parent's severe health issues, separation of parents), please don't hesitate to inform your child's classroom teacher. By working together, we can provide the support and understanding your child needs to thrive, both academically and emotionally.



## In Our Prayers This Week

Each week this school year, the faculty will be praying for the students and their families. Next week we will be praying for Jemmalyn A., Ellie F., Hazel F., Camy H., James K., and Aiden L. Please join us in prayer.

## Something to Consider...

**Can you depend on God?  
Promises about Who God is....**

**God is Gracious:**

**You, O Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness.**

**Psalm 86:15**

**The Lord is full of compassion and mercy.**

**James 5:11**

**The Lord longs to be gracious to you; he rises to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!**

**Isaiah 30:18**

**Take the opportunity to share God's promises from holy scripture and allow the holy spirit to work in them.**

**Blessings on your journey!**

**Robert Mayhew, Principal**

**The purpose of Good Shepherd Lutheran School is to provide each student with a quality Christian Education. We recognize that this begins with the premise that Jesus Christ is our Lord and Savior and in Him we have eternal life. The curriculum and all activities are developed around this premise.**

# Charger Headlines Continued...

## Building Strong Family Communication

We are highlighting one of the cornerstones of healthy relationships: communication. Effective communication within the family remains essential throughout the many seasons of life, and it plays a pivotal role in the overall well-being of children.

### Why Communication Matters

Understanding the significance of healthy communication within the family is the first step in creating an environment where everyone can thrive:

**Emotional Support:** Open and honest communication creates a safe space for children to express their thoughts, feelings, and concerns. It helps them develop emotional intelligence, manage their emotions, and seek guidance when needed.

**Conflict Resolution:** Effective communication is crucial in resolving conflicts constructively. It teaches children how to address issues, compromise, and find mutually agreeable solutions, which are valuable life skills.

**Building Trust:** When families communicate, trust is nurtured. Children learn to trust their parents and siblings, knowing that they can rely on them for support, guidance, and understanding.

**Strengthening Bonds:** Regular conversations and quality time spent together help strengthen family bonds. These connections create a sense of belonging and security that children carry with them into adulthood.

### Tips for Better Communication

Improving family communication is an ongoing process that takes time, patience, and persistence, but the benefits are immeasurable. Try utilizing some of these communication strategies to help you on your journey:

**Active Listening:** Teach active listening skills by emphasizing the importance of understanding each other's perspectives before responding.

**Use "I" Statements:** Encourage family members to express their feelings and needs using "I" statements. For example, "I feel frustrated when..." instead of "You always..."

**Empathy:** Promote empathy by helping family members see the situation from the other person's point of view in order to foster understanding and compassion. Phrases like "I can understand why you feel that way" can make a big difference.

**Encourage Questions:** Foster a curious environment where children feel comfortable asking questions. This promotes critical thinking and curiosity.

**Use Technology Wisely:** While technology can be a tool for communication, ensure it doesn't replace face-to-face interactions. Balance screen time with real-life conversations.

**Avoid Judgment:** Create a space where everyone feels comfortable sharing their opinions and experiences without fear of consequences.

**Monitor Communication Models:** Ensure that you are providing good examples of healthy communication by monitoring the movies and television shows watched within your home.

**Ask Open-Ended Questions:** Open-ended questions encourage children to think critically, express themselves more fully, and engage in meaningful conversation. Try asking "How was your day?" instead of "Did you have a good day?" to promote language development and deeper connections with others.

**Model Open and Respectful Communication:** As a parent, be a role model of how you want your children to communicate. Practice sharing your thoughts and feelings with your children and being respectful to others in your conversations.



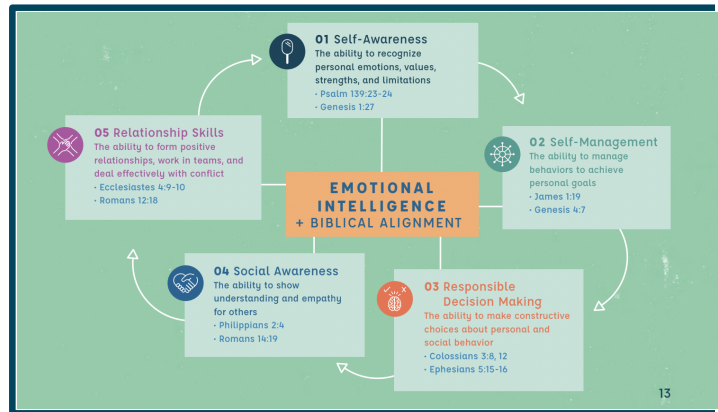
# Good Shepherd Lutheran School

## Increasing Whole-Child Learning and Biblical Friendship with Friendly!

Helping students encounter Christ’s love daily is at the heart of everything we do here at Good Shepherd Lutheran School. It is an incredible gift that we get to weave our Christian faith into all that we do and teach! As part of our dedication to meet the unique needs of each individual student spiritually, intellectually, physically, emotionally, and socially, we are thrilled to introduce to you our newest school-wide program, Friendly.

The Friendly program teaches friendship skills and emotional intelligence through the lens of Scripture with a focus on cultivating a safe and Christ-centered school community. The Friendly program supports the following areas of student’s learning:

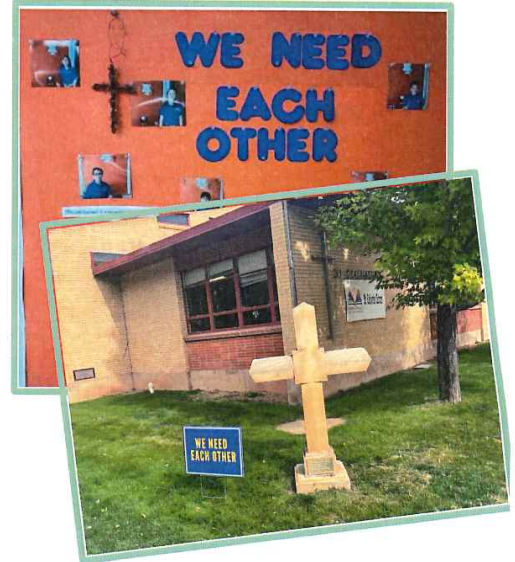
- Understanding of Christ-like living and healthy relationship skills
- Development of Self-confidence, emotional recognition, and strengths identification
- Self-management skills including understanding and managing behaviors, goal setting, stress management, and perseverance
- Making responsible decisions that align with Scripture and Christian values
- Practicing empathy, perspective-taking, and kindness with peers
- Communication skills, Conflict resolution, and teamwork



Every month all students will learn a new Friendship-focused catchphrase anchored by scripture. Students will spend 20-40 minutes weekly unpacking the catchphrase and key verses through engaging lessons, conversations, reflective activities, and prayer. Every student even receives their very own workbook!

## Here are a few ways that you might notice a Friendly difference on our campus:

- A safer, friendlier, and more Christ-centered campus environment for all students
- Academic improvement as students feel increased belonging and master new skills like resilience, a growth mindset and goal-setting
- Monthly Friendship focused themes shared on our announcements, bulletin boards, during chapel, on social media, and in parent newsletters
- Monthly letters introducing the theme and how to engage students at home and strengthen their newly formed skills
- Monthly Conversation starters that help you continue the conversation surrounding monthly themes
- Student activity books with coloring, activities, and prayer prompts will be sent home.



We hope that you feel an increased sense of community and care this year with the help of our newest program addition, Friendly.

Thank you for loving your children well and entrusting us with their care through the school year!

*Mr. Robert Mayhew*

# MELHS SHOE DRIVE

**JUNIOR CLASS FUNDRAISER**

*Donate gently worn, used, or new shoes  
here! Shoes will be sent to help support  
microenterprises in Haiti*



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# Support Your **SCHOOL**

Order from Papa Johns on

**Monday, Oct 30**

**UP TO 25%\* OF YOUR PURCHASE  
PRICE** will be donated to your  
local school

## **Good Shepherd Lutheran School**

YOUR SCHOOL'S  
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**MUST USE SCHOOL PROMO CODE**  
when ordering on the app, by phone,  
or online for school to receive credit.

**\*Achieve \$150** in sales and your  
school will be awarded a class  
PIZZA PARTY.

Fundraiser valid at the below participating locations:

**501 Belt Line Rd 618-345-4444**

DONATION PERCENTAGES	SALES AMOUNT	DONATION %*
	0 to \$300	15%
	\$301 to \$1,200	20%
	\$1,201 & up	25%



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