

GOOD SHEPHERD VOLLEYBALL CAMP-2024

Camp dates: June 17-21

Time: 8:30 a.m. - 10:00 a.m. - Grades 3-5
10:00 a.m. -12 noon - Grades 6-8

Participants: All girls entering 3-5
All girls entering grades 6-8

Deadline: May 20, 2024

Cost: \$45.00 (make checks out to Good Shepherd Lutheran School) This year, all participants will receive a shirt to take home.

Camp Features:

Grades 3-5

This session is designed to emphasize the basic volleyball skills such as: serving, passing, setting, receiving, offense and defense. They will be introduced to proper player positions. They will learn the proper volleyball terminology. Individual skills as well as team play will be stressed. Enjoyment of the game will also be stressed.

Grade 6

This session is designed to emphasize the basic volleyball skills such as: serving, passing, setting, offense and defense.

They will be introduced to proper player positions such as: setter, outside attacker, middle attacker, etc. Team play will be stressed.

Grades 7 & 8

This session is designed for girls to prepare them for Jr. High level of play when the season begins. We will stress the basic skills such as: serving, passing, setting, digging and team play. We will also introduce drills that will help them become more proficient at these skills along with attacking, blocking, multiple offenses, and multiple defenses. They will learn proper positioning for setters, attackers, and back line players.

Registration:

Registration forms need to be turned into school office by May 20.

Equipment: Please come dressed in a T shirt and shorts, bring knee pads, and carry in your shoes.

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PLEASE RETURN FORM AND CHECK TO SCHOOL OFFICE BY MAY 20.

NAME _____ GRADE NEXT YEAR _____

PARENT PERMISSION FORM

I am aware that participating in any sport involves some risks of injury. I hereby release Good Shepherd Lutheran School and all instructors at the 2024 volleyball camp from all liabilities and claims that may result from camp. I give my daughter permission to participate in the volleyball camp on June 17-21.

Parent's signature _____ Date _____

T-Shirt Size: Youth (M)____ (L)____
Adult (S)____ (M)____ (L)____ (XL)____ (XXL)____